



# NUTRITION

\*Must complete the following in order to start at the courses below: Math 1010 OR ACT Math score 23+, ACT English score 12+

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Course	Total credits planned	63		
<b>✗ Freshman (Semester 1)</b>	<b>Credits</b>	<b>Offered</b>	<b>Online</b>	<b>Reason</b>
GNST 1200 - Foundations	3	F, Sp, Su	X	GE Req FND
MATH 1050 - College Algebra	4	F, Sp, Su	X	GE Req QL
HFST 1020 - Principles of Nutrition	3	F, Sp, Su	X	GE Req LS
CHEM 1210 - Principles of Chemistry I	4	F, Sp		GE Req PS, Deg. Req
CHEM 1215 - Principles of Chemistry Lab	1	F, Sp		GE Req Lab, Deg. Req
<b>Semester Total Credits</b>	<b>15</b>			
<b>✗ Freshman (Semester 2)</b>	<b>Credits</b>	<b>Offered</b>	<b>Online</b>	<b>Reason</b>
CHEM 1220 - Principles of Chemistry II	4	Sp		GE Req IE, Deg. Req
CHEM 1225 - Principles of Chemistry Lab	1	Sp		Deg. Req
MATH 1040 - Statistics	3	F, Sp, Su	X	Deg. Req
ENGL 1010 - Expository Composition	3	F, Sp, Su	X	GE Req E1, Deg. Req
PSY 1010 - Psychology	3	F, Sp, Su	X	GE Req SS, Deg. Req
Humanities	3	F, Sp, Su	X	GE Req HU
<b>Semester Total Credits</b>	<b>17</b>			
<b>✗ Sophomore (Semester 3)</b>	<b>Credits</b>	<b>Offered</b>	<b>Online</b>	<b>Reason</b>
CHEM 2310 - Organic Chemistry I	4	F		Deg. Req
CHEM 2315 - Organic Chemistry Lab	1	F		Deg. Req
BIOL 1610 - Cell Biology I	4	F, Sp		GE Req LS, Deg. Req
BIOL 1615 - Cell Biology Lab	1	F, Sp		Deg. Req
American Institutions	3	F, Sp, Su	X	GE Req AI
ENGL 2010 - Research Writing	3	F, Sp, Su	X	GE Req E2, Deg. Req
<b>Semester Total Credits</b>	<b>16</b>			
<b>✗ Sophomore (Semester 4)</b>	<b>Credits</b>	<b>Offered</b>	<b>Online</b>	<b>Reason</b>
CHEM 2320 - Organic Chemistry II	4	Sp		Deg. Req
CHEM 2325 - Organic Chemistry Lab	1	Sp		Deg. Req
BIOL 2420 - Human Physiology	3	F, Sp		Deg. Req
BIOL 2425 - Human Physiology Lab	1	F, Sp		Deg. Req
HFST 2020 - Nutrition in the Life Cycle	3	Sp		Deg. Req
Fine Arts	3	F, Sp, Su	X	GE Req FA
<b>Semester Total Credits</b>	<b>15</b>			

\*\*These are common requirements for Nutrition programs. Students should research their exact program and refer to DegreeWorks to ensure they are following the correct pathway for their academic career.

Legend:  
 GE Req -- General Education Requirement  
 F -- Fall  
 Sp -- Spring  
 Su -- Summer  
 Can be switched to another semester

**Additional Recommended Courses:**  
 Medical Terminology      TEMA 1000  
 Human Anatomy              BIOL 2320/2325  
 Human Development        HFST 1500  
 Utah Health Scholars        BIOL 2120